



INKBLOT

AVAILABLE FOR SPOUSES AND DEPENDANTS



Your spouse and/or dependant should create their own account by visiting www.inkblottherapy.com/ASEBP and clicking **Get Started**.

At the bottom of the page, you'll see 'Are you a spouse or dependant? Sign Up Here.'

SPOUSE AND DEPENDANT ACCOUNTS ARE COMPLETELY CONFIDENTIAL AND SEPARATE FROM EMPLOYEE ACCOUNTS.

Reasons to reach out to Inkblot:

- ✓ Work-related issues
- ✓ Relationship issues
- ✓ Family conflict
- ✓ Work life balance
- ✓ Stress, depression, anxiety
- ✓ Addiction
- ✓ Violence/abuse
- ✓ Loneliness
- ✓ Burn-out
- ✓ Youth therapy
- ✓ Grief/bereavement

FOR IMMEDIATE CONSULTATION CALL 1-855-933-0103 (TOLL-FREE, 24/7/365)

Inkblot services are provided through your Employee and Family Assistance Program as part of your ASEBP benefits.

